

Q.1. What is food?

long questions

Ans. The eatable substances eaten by humans and other animals to get energy for various activities for growth and development is called food.

Q.2. Why should we eat cooked food?

Ans. We should eat cooked food because by cooking we can kill harmful germs and make it germless. Cooked food can be easily digested and absorbed by our body. Cooking also improves the taste of food.

Q.3. Explain the importance of food for living organisms.

Ans. Importance of food is:

- (i) It provides energy to do various activities.
- (ii) It helps in growth.
- (iii) It helps to repair and replace damaged parts of the body.
- (iv) It protects us from infections and diseases.

Q. 1. Do you find that all living beings need the same kind of food?

Ans. No, all living beings do not need same kind of food.

Q.2. Name five plants and their parts that we eat.

Ans. The names of five plants and their parts that we eat are:

- (i) Paddy: seeds
- (ii) Wheat: seeds
- (iii) Mustard plant: seeds and leaves
- (iv) Brinjal plant: fruits
- (v) Potato plant: stems

Q. 3. Match the items given in column A with those in column B.

<i>Column A</i>	<i>Column B</i>
<i>Milk, curd, paneer, ghee</i> <i>Spinach, cauliflower, carrot</i> <i>Lions and tigers</i> <i>Herbivores</i>	<i>eat other animals</i> <i>eat plants and plant products</i> <i>are vegetables</i> <i>are all animal products</i>

Ans.

<i>Column A</i>	<i>Column B</i>
<i>Milk, curd, paneer, ghee</i> <i>Spinach, cauliflower, carrot</i> <i>Lions and tigers</i> <i>Herbivores</i>	<i>are all animal products</i> <i>are vegetables</i> <i>eat other animals</i> <i>eat plants and plant products</i>

**Q. 4. Fill up the blanks with the words given:
herbivore, plant, milk, sugarcane, carnivore.**

(a) Tiger is a_____ because it eats only meat

(b) Deer eats only plant products and so is called_____ .

(c) Parrot eats only_____

(d) The_____ that we drink, which comes from cows, buffaloes and goats is an animal product.

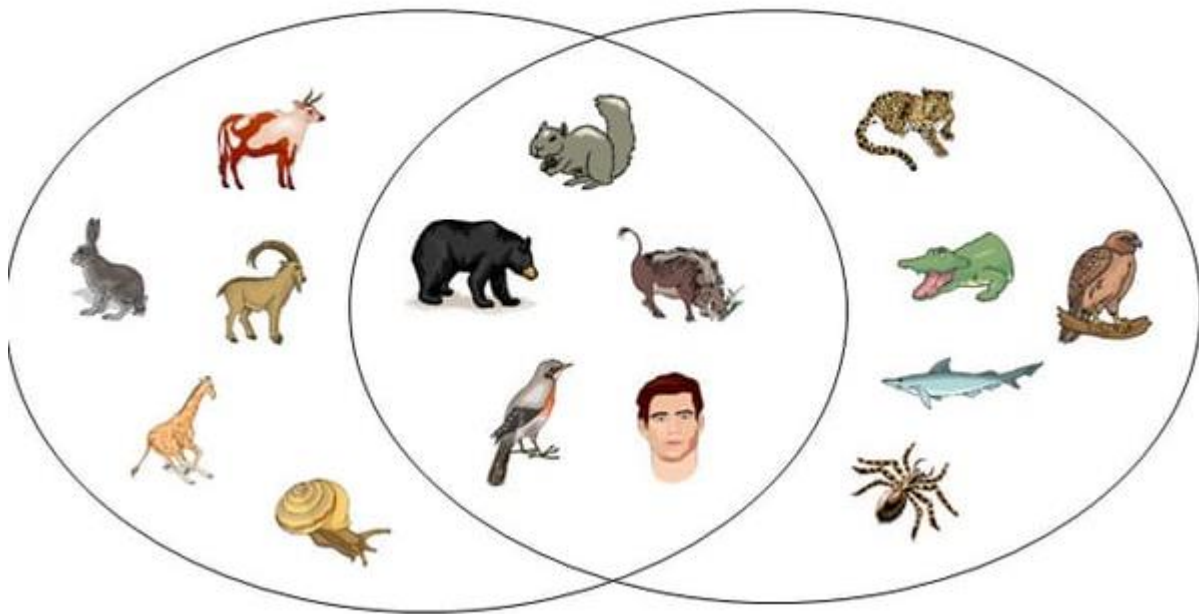
(e) We get sugar from_____ .

Ans. (a) carnivore (b)
herbivore (c) plant
(d) milk (e) sugarcane

Herbivores
(only eat plants)

Omnivores
(eat plants and animals)

Carnivores
(only eat animals)



Q.4. Explain the various sources of food items and ingredients with the help of examples.

Ans. There are mainly two sources of ingredients of various food items:

(i) **Plants:** Plants provide us fruits, vegetables, pulses, grains, cereals, etc.

(ii) **Animals:** Animals provide us milk, eggs, meat etc.

Q.5. Define the term herbivores.

Ans. The animals which eat only plants or plant products are called herbivores. For example, cow, goat and buffalo.

Q.6. What are carnivores? Explain with examples.

Ans. The animals which eat other animals are called carnivores. For example, lion and tiger. Carnivores generally eat herbivores and other carnivores.

- seeds yield oil which is used as food : mustard(sarson),sesame(til),coconut oil.

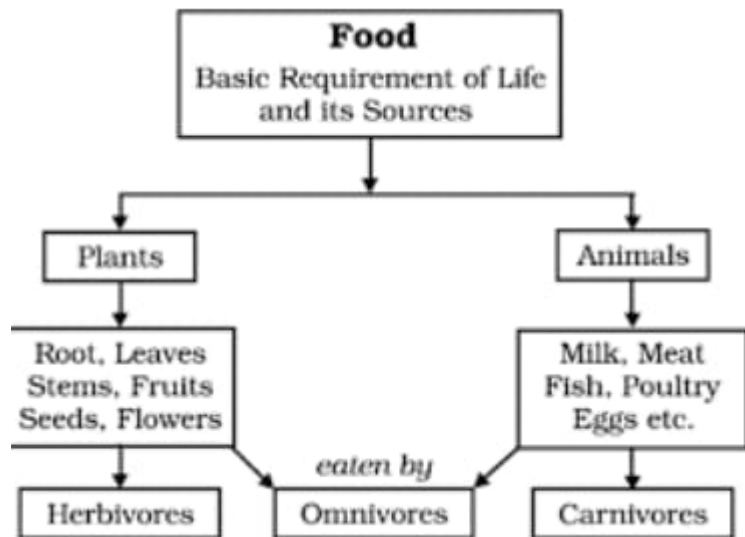
(B) FOOD THAT COMES FROM ANIMALS

1. MILK;
2. EGGS
3. MEAT FROM ANIMALS
4. FISH,PRAWNS,CRABS
5. HONEY

There is a lot of variation in the food eaten in different regions of India.

- The main sources of our food are plants and animals.
- Food sources from plants:- vegetables, pulses, spices, cereals, fruits, oils, etc.
- Food sources from animals:- milk, egg, honey, meat, fish, etc.
- Other sources of food are salt and water.
- Animals which eat only plants are called herbivores. Example: cow, goat, sheep etc.
- Animals which eat only animals are called carnivores. Example: tiger, lion, etc.
- Animals which eat both plants as well as other animals are called omnivores.
Example: bears, foxes, dogs, etc.
- Vegetarian : eat only the food from plants.
- Non-vegetarian : eat animal food like meat , fish, chicken and eggs.

Animals that live on dead and decayin food is called scavengers. Example: hyenas, vulture, etc.



CBSE Class-VI Subject Science

Revision Notes

CHAPTER – 1

Food: Where Does it Come From?

- Food: Nutritious substance that people or animals eat or drink, or that plants absorb. In order to maintain life and growth.
- food is essential for both plants and animals.

USES OF FOOD IN OUR BODY

- For energy
- for growth
- for body functions
- for wounds healing
- for good health

PLANT SOURCE OF FOOD

(A) parts of the plants as a source of food

1. plant roots used as food.Ex. Carrot,Turnip,Radish,Beetroot.
2. Plant stems used as food : Ex. Potato, Coriander and sugarcane.
3. plant leaves use as food : Ex. spinach, cabbage, onion.
4. flowers from plant used as food : Ex. Rose, Cauliflower and Bauhinia(kachans)
5. Fruits on plant used as food :
 - pulpy fruits: grapes, banana,apple
 - Nuts and dry fruits : almond, currant (kismis)
 - Fruits used as vegetable : Brinjal,tomato,gourd,beans
6. Seeds used as food :
 - Cereals(grains)and seeds : addy(rice),maize(corn),wheat
 - pulses(dal) : Gram(chana),greengram(mung),pegeon pea.